Scope & Sequence

CREDO SERIES COURSE VI:
Living and Loving as Disciples of Christ

[Framework Course VI: Life in Jesus Christ]
Note: The following is a revised Scope and Sequence for Book 6 in the Credo series, Living and Loving as Disciples of Christ. The content relates to the imprimatur edition of this text, which has been submitted to the USCCB Subcommittee on the Catechism for Conformity Review.
COURSE OVERVIEW
The purpose of this course is to help the young people to understand that it is only through Christ that they can fully live out God’s plans for their lives. We present the Ten Commandments as guideposts to living as children of God and we introduce the young people to the moral concepts and precepts and other laws of the Church that guide them in living as Christ’s disciples.

CHAPTER 1
God Desires What Is Best for Us
FOCUS QUESTION:
How do you seek happiness?
CONTENT SUMMARY:
What does ‘happiness’ mean for you? / The universal pursuit of happiness / Can money buy happiness? / The divine path for the human pursuit of happiness / Poem: ‘The Summer Day’ by Mary Oliver / The two Creation accounts reveal God’s plan of goodness / God invites us to be part of the unfolding of his divine plan / God invites us to work to bring about the Kingdom of God in the world / God gives us the freedom to say ‘yes’ or ‘no’ to him / The gifts of intellect and free will / Turning our backs on God and the divine plan for our happiness / Overcoming obstacles to happiness / God never gives up on us; the divine plan of goodness will come about / Example of St. Augustine of Hippo.

SCRIPTURE REFERENCES:

KEY CATECHISM SOURCES:
27, 68, 306, 310, 319, 387, 460, 538, 592, 1693, 1694, 1701, 1703, 1705, 1706, 1708, 1711, 1713, 1714, 2002

FAITH GLOSSARY: human person

LEARN BY HEART: John 1:16–17

LEARN BY EXAMPLE: St. Augustine of Hippo

CHAPTER 2
Jesus’ Response; Our Response
FOCUS QUESTION:
How should we respond to God, who is Love?

CONTENT SUMMARY:
God’s love for us / Recognizing God’s love in ‘unexpected places’ / The Beatitudes: the attitudes and actions characteristic of the Christian life / The Sermon on the Mount / Literary form and historical context of the Sermon on the Mount / Jesus calls us to live the Beatitudes / Jesus reveals the nature of true happiness / Can losers really be winners? / Christians are people whose faith and love are strengthened by hope / God continually offers us his grace / Example of St. Maria Faustina.

SCRIPTURE REFERENCES:
CHAPTER 3
God’s Law for a Good Life

FOCUS QUESTION:
What is the source of moral law?

CONTENT SUMMARY: 1967 address to the anti-war group Clergy and Laity Concerned by Martin Luther King Jr. / Living a moral life includes having a set of moral virtues / The divine or eternal natural law / Natural moral norms and living the good life / The teachings of philosophers on the moral life: the Greek tradition; the Roman tradition / St. Thomas Aquinas on the natural law / The relationship between the natural law and divine revealed law / Meeting the demands of the natural law / Natural law and civil law: natural law and justice; natural law and conscience / Conscience is present at the heart of every person / Forming our conscience: key disciplines for forming and informing our conscience / The freedom to follow one’s conscience / Erroneous judgments and their sources / Examination of conscience / The freedom to follow Jesus / Example of St. Thomas More.

SCRIPTURE REFERENCES:
OLD TESTAMENT: Deuteronomy 15:11; 2 Samuel 7:28; 1 Kings 3:9; Psalms 119:105, 160; Jeremiah 22:15–16

KEY CATECHISM SOURCES:
1713, 1716, 1717, 1718, 1719, 1722, 1723, 1725, 1726, 1728, 1828, 1883, 2448

FAITH GLOSSARY: humility

LEARN BY HEART: The Beatitudes

LEARN BY EXAMPLE: St. Maria Faustina, Apostle of Mercy

CHAPTER 4
The Reality of Sin

FOCUS QUESTION:
Where is the evidence for sin in the world?

CONTENT SUMMARY:
The horror of genocide / Turning a blind eye to evil in the world / The Gospel commands that we stand up against violence and injustice / The origin of sin and its consequences / God is always faithful / The deceit of sin / The nature of sin / The morality of human acts depends on three sources: object chosen; intention of the person acting; circumstances of the act / The response (or non-response) to sin: Jesus’ advice in Matthew 7:1–5 (Sermon on the Mount) and in John 8:2–11 (woman caught in adultery) / Tolerance can be a distortion of Jesus’ teaching, ‘Do not judge, so that you
may not be judged’ / The prevalence of moral relativism / Old Testament teaching on sin / The harm brought about by sin / New Testament teaching on sin / Sin in the New Testament Letters / The many faces of sin and our response: Capital Sins; sins of commission and omission; personal sin and social sin; mortal, or grave, sin; venial sins / Christ’s victory over sin / The example of St. Claudine Thévenet.

**SCRIPTURE REFERENCES:**

**OLD TESTAMENT:** Genesis 3:8 and 15, 4:10, 18:20, 19:13; Exodus 3:7–10, 20:20–22; Leviticus 26:12; Deuteronomy 24:14–15; 1 Samuel 20:1; 2 Kings 8:20; Psalms 25:1, 6–7 and 10, 51:1–2; Proverbs 19:2


**KEY CATECHISM SOURCES:**

372, 410, 1714, 1746, 1757, 1761, 1849, 1850, 1851, 1853, 1865, 1868, 1869, 1871, 1872, 1874, 1875, 1876, 1935, 2023, 2502

**FAITH GLOSSARY:** sin

**LEARN BY HEART:** Romans 6:10–11

**LEARN BY EXAMPLE:** St. Claudine Thévenet

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**CHAPTER 5**

*The Liberating Power of the Ten Commandments*

**FOCUS QUESTION:**
What good deeds must you do?

**CONTENT SUMMARY:**

The Decalogue: ‘Ten Words’ of God / The Ten Commandments and the natural law / Jesus attested to the permanent validity of the Decalogue / The Ten Commandments and the Greatest Commandment / The Israelites’ journey to freedom / Moses: prophet of freedom and liberator of God’s people / From coercion to covenant / The new-found freedom of living in covenant / Choosing any thing or person to replace God is idolatry / There are many idols that strive for our allegiance / Jesus Christ is our Savior, Redeemer and Liberator / God’s constant and never-ending invitation to us / The Theological Virtues: pillars on which our moral life is rooted and flows / The First Commandment calls us to be a people of faith and a faithful people / Living the First Commandment / The virtue of religion / Choosing an alternate way: polytheism and idolatry; superstition; irreligion; atheism; agnosticism / Example of Moses, prophet of freedom and liberator.

**SCRIPTURE REFERENCES:**


**KEY CATECHISM SOURCES:**
319, 1731, 1742, 1813, 1840, 1849, 1980–1982, 2062, 2070, 2076, 2079, 2080, 2082, 2083, 2123, 2134, 2135

**FAITH GLOSSARY:** Decalogue; worship

**LEARN BY HEART:** The Ten Commandments

**LEARN BY EXAMPLE:** Moses, prophet of freedom and liberator

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**CHAPTER 6**

**Love the Lord Your God: The Second and Third Commandments**

**FOCUS QUESTION:**
What does a name tell us?

**CONTENT SUMMARY:**
The significance of names: Abraham; Israel; Ruth; Isaiah; Mary / God reveals his name(s): YHWH; Jesus; Father/Son/Holy Spirit / The Second Commandment speaks to the profound respect and reverence we are to have for God himself / The holy name of Jesus / Acts that show lack of reverence for the divine name: blasphemy; promises; oaths / The Divine Praises / The Sabbath day/ Keeping the Sabbath day holy / The wisdom of Jesus on the meaning of Sabbath law / The Lord’s Day / The Sunday Eucharist / The precepts of the Church and the Third Commandment / Human beings are a people of prayer / Example of St. Ignatius of Loyola.

**SCRIPTURE REFERENCES:**

**OLD TESTAMENT:**

**NEW TESTAMENT:**

**KEY CATECHISM SOURCES:**
203, 204, 205, 1324, 1417, 2042, 2141, 2142, 2143, 2147, 2148, 2161, 2162, 2163, 2175, 2177, 2179, 2181, 2185, 2186, 2190, 2191, 2194, 2745, 2807

**FAITH GLOSSARY:** Sabbath

**LEARN BY HEART:** Deuteronomy 6:4–5

**LEARN BY EXAMPLE:** St. Ignatius of Loyola
CHAPTER 7
Honor Your Father and Your Mother: The Fourth Commandment

FOCUS QUESTION:
Why is ‘family’ important?

CONTENT SUMMARY:
A parent's love / The human family—image of the divine family / God as divine 'parent' / The Fourth Commandment / Children are to honor their parents: filial respect; gratitude; just obedience; assistance / Grandparents / Parents are to honor their children: education; physical and spiritual needs; nurturing children's vocation / Family values and the health of a society / The Fourth Commandment extends to all who have legitimate authority over us / All societies need authority to govern them / The legitimate authority of civil society / The legitimate exercise of civil authority: right to life; right to human dignity; right to religious freedom / When laws are unjust: civil disobedience / Armed resistance / Living as faithful citizens / Paying taxes / Obeying just civil laws and contributing to the common good is a mandate of our Christian faith / Catholic youth are to be faithful citizens / Example of St. Monica.

SCRIPTURE REFERENCES:

KEY CATECHISM SOURCES:
316, 370, 1666, 1702, 1880, 1897, 1939, 2202, 2205, 2222, 2223, 2229, 2230, 2232, 2233, 2235, 2239, 2242, 2248, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2427

FAITH GLOSSARY: family; solidarity

LEARN BY HEART: Ephesians 6:2–3

LEARN BY EXAMPLE: St. Monica, mother of St. Augustine of Hippo

CHAPTER 8
Living the ‘Way’ of Life and Truth: The Fifth and Eighth Commandments

FOCUS QUESTION:
How are you being true to yourself?

CONTENT SUMMARY:
Striving to live as our ‘true selves’, as people created in the image of God, who is Love / God’s sanctifying grace enables us to live with God and to act by his love / Living truthful lives / Attitudes and acts contrary to the Eighth Commandment: lying and other forms of self-serving deception / Respect for the reputation and honor of ‘neighbors’ / Dishonoring the reputation of people: gossip; calumny and detraction; rash judgment; irony and sarcasm / Scandal / The responsibilities of the media and art / A culture of life versus a culture of death / Acts of violence against human life: direct abortion; embryonic stem cell and other scientific research; intentional euthanasia; suicide; and
intentional disregard of our bodily and mental health / Excerpt from film *Dead Man Walking* / Legitimate self-defense / The Church favors non-violence, not war / Torture and gun violence: contributors to a culture of death / Capital punishment: retributive justice and restorative justice / Blessed are those who hunger and thirst for justice / Example of Sister Helen Prejean.

**SCRIPTURE REFERENCES:**

**OLD TESTAMENT:** Genesis 9:5–6; Exodus 20:5–6 and 16; 21:22–25; Deuteronomy 30:15 and 19–20; Psalms 5:4–6, 100:3; Proverbs 10:11 and 18, 25:11 and 18, 26:20; Jeremiah 1:5


**KEY CATECHISM SOURCES:**

2258, 2260, 2263, 2274, 2282, 2284, 2295, 2299, 2312, 2320, 2322–2329, 2464, 2469, 2484, 2489, 2494, 2507, 2508, 2509, 2511, 2512, 2519, 2477, 2479, 2483, 2484, 2494, 2505, 2512

**FAITH GLOSSARY:** truth

**LEARN BY HEART:** John 14:6

**LEARN BY EXAMPLE:** Sister Helen Prejean

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**CHAPTER 9**

*The Gift of Human Sexuality: The Sixth and Ninth Commandments*

**FOCUS QUESTION:**
What responsibilities come with our sexuality?

**CONTENT SUMMARY:**
The Christian idea of marriage / The woman–man/man–woman partnership / Living as sexual beings / Chastity and the universal vocation to live a chaste life / Chastity and temperance / Temperance, purity of heart and modesty / God creates every person in the divine image and likeness / Living a chaste life / Chastity and love / True love versus lust / Acts contrary to living a chaste life: masturbation; pornography; fornication and prostitution; rape; homosexual acts / God of mercy, forgiveness and healing: Sacrament of Penance / The sacramental covenant of marriage / Elements necessary for a valid sacramental marriage: free and freely entered; unity; indissolubility; fidelity; fecundity / Openness to the gift of children / Family planning / Those who cannot have children: artificial insemination and fertilization; adoptive parenting and foster parenting / Attitudes and actions contrary to the dignity of marriage: adultery; divorce; polygamy; incest; free unions / Example of Blessed Louis and Zélie Martin, the parents of St. Thérèse of Lisieux.

**SCRIPTURE REFERENCES:**

**OLD TESTAMENT:** Genesis 1:24 and 27–28, 2:7 and 18, and chap. 4; Exodus 20:2; 2 Samuel 3:2–7, 5:13; 1 Kings 11:3; Proverbs 5:15, 12:4, 18:22; Jeremiah 31:3

KEY CATECHISM SOURCES:
1601, 1626, 1646, 1660, 2337, 2341, 2344, 2354, 2355, 2356, 2357, 2359, 2367, 2388, 2389, 2393, 2394, 2395, 2396, 2397, 2399, 2400, 2519, 2522, 2527, 2529, 2533

FAITH GLOSSARY: chastity, concupiscence

LEARN BY HEART: Matthew 5:8

LEARN BY EXAMPLE: Blessed Louis and Zélie Martin

CHAPTER 10
Building a Just and Compassionate Society: The Seventh and Tenth Commandments

FOCUS QUESTION:
What responsibilities come with God’s gifts?

CONTENT SUMMARY:
God entrusts the gift of his creation to humanity for both the glory of God and the benefit of human beings / Privilege and responsibility go hand in hand / The Seventh Commandment enjoins respect for the integrity of creation / We must develop and live the moral virtues of justice and generosity / The Seventh Commandment warns God’s people of the importance of trust and respect for the property of others / The right to personal property that is acquired justly and as a result of one’s work / We have a responsibility to share God’s gifts with others /

Actions contrary to the Seventh Commandment / The Social Teaching of the Catholic Church / ‘Occupy’ movements / Foundations of Catholic Social Teaching / The virtue of justice / Types of justice: original justice; commutative justice; distributive justice; legal justice; social justice; retributive justice; restorative justice / The principle of solidarity / Do not covet; live in true freedom / Attitudes and behavior contrary to the Tenth Commandment: greed (avarice); envy; jealousy; gluttony / A life of simplicity: a life of freedom / The blessed life of living the Commandments / Example of St. Martin de Porres.

SCRIPTURE REFERENCES:
OLD TESTAMENT: Genesis 1:26–31, 2:15, 3:6; Exodus 20:15 and 17, 21:24; Deuteronomy 5:21; Psalm 119:12, 14–15, 18 and 164–165; Proverbs 6:34, 15:27; Isaiah 1:17

KEY CATECHISM SOURCES:
1939, 1944, 2401, 2402, 2406, 2407, 2408, 2415, 2428, 2451, 2452, 2453, 2454, 2455, 2458, 2459, 2460, 2461, 2462, 2547, 2548, 2551, 2552, 2553, 2554, 2556

FAITH GLOSSARY: solidarity; covetousness

LEARN BY HEART: Matthew 6:19–21

LEARN BY EXAMPLE: St. Martin de Porres, Dominican lay brother
CHAPTER 11
Living New Life in Christ Jesus

FOCUS QUESTION:
What is your vocation?

CONTENT SUMMARY:
What to do with one’s life is the ultimate question every person must answer / The saints: life models for Christians / Jesus’ announcement of his vocation was good news / Why did the Father send the Son? / Envisaging the reign of God / God’s love for the poor—a major theme in Sacred Scripture / Disciples: apprentices of the Master / Disciples of Jesus do not go it alone! / In the Sacrament of Baptism we are reborn into new life in Christ / States of life in the Church: ministerial priesthood; consecrated life; laity / The ordained ministry (hierarchy) / Laypeople—a wide variety of callings and responsibilities: lay ecclesial ministers; third orders and oblates; confraternities and other lay groups and movements / The Community of Sant’Egidio / The evangelical counsels: poverty; chastity; obedience / The consecrated life: the eremitic life, or the life of a hermit; the contemplative life; consecrated virgins; consecrated widows and widowers; secular institutes; societies of apostolic life / The Church: the Sacrament of Christ and the seed of the Kingdom / Example of Simon Peter.

SCRIPTURE REFERENCES:
OLD TESTAMENT: Exodus 3:1–12; 1 Samuel 3:1–18; Isaiah 11:1–9; Jeremiah 1:4–19

KEY CATECHISM SOURCES:
898, 915, 916, 921, 1581, 1593, 2032, 2451, 2709

FAITH GLOSSARY: vocation; evangelical counsels

LEARN BY HEART: Matthew 19:21

LEARN BY EXAMPLE: Simon Peter, apostle and evangelizer

CHAPTER 12
Sustaining the Moral Life as Disciples of Jesus

FOCUS QUESTION:
What sustains your moral life?

CONTENT SUMMARY:
New life: the fruit of the Theological Virtues / Faith, hope and love / The human virtues / The Cardinal, or ‘hinge’, Virtues: prudence; justice; fortitude; temperance / We are assured of God’s abundant grace in Jesus Christ to sustain our efforts at living virtuously / Sanctifying grace, actual graces and charisms / The Gifts and Fruits of the Holy Spirit / The Church: the Temple of the Holy Spirit; Magisterium; indefectibility and infallibility / Mary full of grace / The life of prayer / The many ways to pray: vocal prayer; the prayer of meditation; the prayer of contemplation / The Lord’s Prayer: a guide for discipleship / Example of Nuestra Señora de la Caridad del Cobre: a symbol of faith, hope and love for Cuban people.

SCRIPTURE REFERENCES:
OLD TESTAMENT: Genesis 1:26–27 and 31; Psalms 5:1–3, 8:5, 19:7–9, 31:23–24; Wisdom 8:7; Isaiah 58:6

KEY CATECHISM SOURCES:
890, 1803, 1833, 1834, 1839, 1840, 1841, 1843, 1844, 1845, 2017, 2022, 2023, 2025, 2027, 2031, 2565, 2603, 2680, 2694, 2705, 2709, 2717, 2721, 2725, 2753, 2754, 2763, 2764, 2774, 2776

FAITH GLOSSARY: human virtues

LEARN BY HEART: 1 Corinthians 13:13

LEARN BY EXAMPLE: Nuestra Señora de la Caridad del Cobre (Our Lady of Charity, patroness of Cuba)
For more information on the Credo series, visit www.veritasreligion.com